

The book was found

# How To Dry Preserve Fruits & Vegetables (Canning And Preserving Guides Book 2)



## Synopsis

Why Dry Preserve Your Own Food? In essence you have the ability to control what you eat, when you eat and where you eat, not to mention the nutrition and pleasure you get from preserving your own food. Of course, this pleasure is even greater if you happen to be also growing your own food. If that is the case you really are in control. In this book you will find out all you need to know, everything is laid out in an easy to follow manner. Includes pretreatment and drying charts for both fruits and vegetables. Please look below so see only some of the information contained in this book. I do hope you get as much pleasure from preserving your own food as I do. Thanks, Mary-Beth Stenson.

How Does Drying Work? An Overview  
Using a Dehydrator For Drying Fruit And Vegetables  
Using The Sun To Dry Your Food  
Using A Solar Dryer  
Using An Oven  
How to Choose Foods For Drying  
Fruit Quality  
Vegetable Quality  
Preparing Fruit  
Preparing Vegetables Prior To Drying  
How To Pre-Treat Fruits And Vegetables  
How to Pre-Treat Fruit  
Fruit Pre-treatment Methods  
â “ Sulfiting  
How To Prepare Fruit Using A Honey Dip  
How To Pre-Treat Fruit Using A Salt Solution  
Dip  
How To Pre-treat Fruit Using Ascorbic Acid/Citric Acid Dips  
How to Pre-Treat Vegetables For Drying  
Steam blanching  
Water blanching  
How To Dry Fruits And Vegetables Using A Dehydrator  
Pretreatments and Drying Times For Fruit  
Pretreatments and Drying Times For Vegetables  
How To Package Dried Fruits and Vegetables  
How To Condition Your Fruit  
How To Choose Storage Containers  
How To Store Your Dried Fruit  
How To Label Your Dried Food

## Book Information

File Size: 567 KB

Print Length: 32 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 10, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00F460J0G

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #555,097 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #104

inÂ Books > Cookbooks, Food & Wine > Kitchen Appliances > Dehydrators #345 inÂ Kindle Store  
> Kindle eBooks > Cookbooks, Food & Wine > Canning & Preserving #351 inÂ Kindle Store >  
Kindle Short Reads > 45 minutes (22-32 pages) > Cookbooks, Food & Wine

## Customer Reviews

I do not like writing reviews but I did like this book. As I titled this good for beginners and also as a refresher read. I read as many books and articles, watch youtube videos on this because I need to keep refreshing myself. I have an old dehydrator and am hoping to get a newer more modern one. The more I research the more I discover a piece of information I either did not know or had forgotten over the years. Mary-Beth did a good job in keeping this fairly simple to understand. This one is a keeper in my library of "go to" books.

I've done this before and have several books on the subject. Will add to my pantry with more of this "in case of" recipe/ingredient collection.

I gave a 3 because of the many spelling mistakes. I did however like much of the information and hope the author proof reads a little better next time.

This is a great little book that is a go to for dehydrating. It has summaries and charts for the basics. Great for beginners as well as old timers.

[Download to continue reading...](#)

Canning and Preserving for Dummies: 30 Healthy and Delicious Canning Recipes: (Canning And Preserving Recipes, Canning Recipes Cookbook ) (Home Canning Recipes, Pressure Canning Recipes) How To Dry Preserve Fruits & Vegetables (Canning and Preserving Guides Book 2) Canning Recipes: 150 Home Canning Recipes For Canning and Preserving (Home Canning Recipes, Preppers Food) Preserving Food Box Set: 33 Easy to Follow Steps For Canning, Freezing and Dehydrating Your Favorite Fruits and Vegetables plus The Ultimate Guide to Food ... food without freezing or canning) Canning and Preserving Book for Beginners: Easy Canning Recipes and Supplies to Jump Start Your "How to Can, Preserve and Survival Food Storage Can, Preserve, and Dry: A Beginners Guide To Canning, Preserving, and Dehydrating your Food Canning & Preserving Sauces and Syrups: A Step by Step Guide with Delicious Recipes Included (Canning and Preserving for Novices Book 3) Perennial Vegetables: Vegetable Gardening: 21 Vegetables to Plant Once and Harvest Forever (Perennial Vegetables, Perennial Plants, Gardening, Gardening ...

Garden Vegetables, and Vegetable Gardening) SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) How to Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) Small Batch Preserving Made Easy: Freezer and Fridge Jam, Jelly, Marmalade, Preserve and Conserve Recipes The Ultimate Guide To Food Dehydration and Drying: How To Dehydrate, Dry, and Preserve Your Food The All New Ball Book Of Canning And Preserving: Over 200 of the Best Canned, Jammed, Pickled, and Preserved Recipes Better Homes and Gardens Complete Canning Guide: Freezing, Preserving, Drying (Better Homes and Gardens Cooking) Canning and Preserving For Dummies Preppers Pantry: The Ultimate Survival Guide For Emergency Water & Food Storage During An Urban Emergency (Urban Survival Pantry, Canning And Preserving, Camping, Life Saving Meals, Survival Guide) Canning & Preserving Salsas, Pickles & Relish: Delicious and Safe Recipes Even a Beginner Could Create You Say Tomato...Canning, Dehydrating, Concentrating: A Handy Guide to Preserving the Season How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices) Spice Mixes: Mix Your Own Essential Dry Spices From Around the World to Add Flavor to Your Meals (Dry Herbs & Mixing Spices)

[Dmca](#)